

Rule Reminders:

- PLAYER SAFETY IS #1!
 - Referees are in charge and will call the game
 - Sub's upon Ref acknowledgment at centerline of field with throw-ins, goal/corner kicks, scores, half-time
 - Yellow and Red card rule reminder
 - Watch your language! (cursing, etc...)
 - No Back Talk
 - No Taunting
 - Children and families are watching
 - Be aware of overly aggressive play
 - No slide tackling
 - No excessive intimidation
 - No metal cleats – be safe!
 - Minimum of 4 women on the field at all times
 - 1 male down for each women under 4
 - Under 30s must have a WHOLE yellow sock
 - Max of 3 Under 30 men
 - Max of 3 Under 30 women
- Be positive and HAVE FUN!**

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